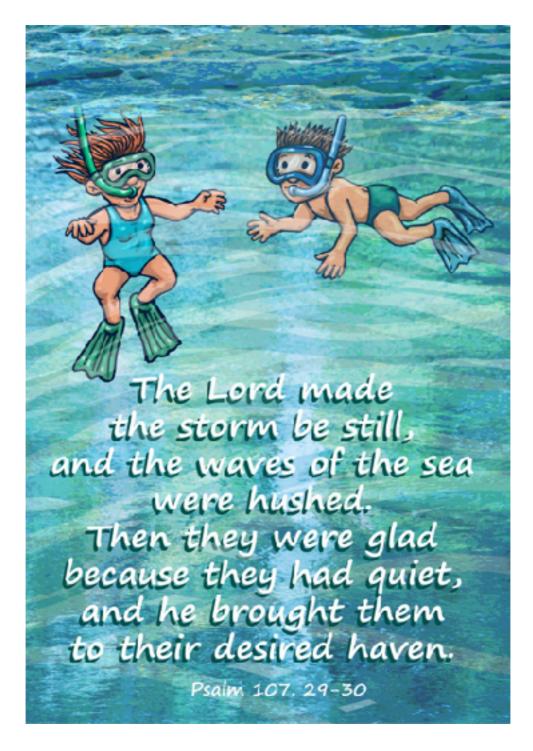
# KEYNOTES



July/August 2024 £1.00

# THE PARISH CHURCH OF ST PETER'S, WEST BLATCHINGTON

Rector The Rev Tim Gage The Rectory 23 Windmill Close Hove, BN3 7LJ

**Tel:** 01273 270427

**Email:** rector.westblatchington@gmail.com

Thursday is ordinarily the Rector's rest day; however please do not hesitate to contact him in the event of a pastoral emergency. Please refer all other urgent matters to the Churchwardens.

CURATE Rev Jan Butter Tel: 07889 400889

Email: westblatchingtoncurate@outlook.com

CHURCHWARDENS Jonathan Cooke Tel: 07973 851174

David Keeling Tel: 01273 501504

HON. TREASURER Mandy Gander Tel: 01273 271982

CENTRE BOOKINGS Maria Williams Tel: 01273 721918

### **PASTORAL CARE**

Sick Visiting Carol Gander Tel: 01273 555414

#### **KEYNOTES EDITORIAL TEAM**

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Mandy Gander Tel 01273 271982

Fran Breeze Tel 01273 421115

Christine James Tel 07598 122146

E-mail: stpetersadmin@zoho.com

Church website: www.stpeterswestblatchington.org.uk

### PARISH EVENTS DIARY

The following events taking place in July and September as notified are:

Saturday 20th July - 1.10pm - Free lunchtime concert - Brighton Guitar Quartet

Sunday 15th September - 12.00pm - Picnic and cricket match at Hove Park

Saturday 21st September - 1.10pm - Free lunchtime concert - Simon Madge and Katy Friese-Green - baritone and piano

Sunday 29th September - 2.00pm - Sponsored bike ride around Hove Park

Please continue to keep us informed of events that you have planned or know about by sending a message to our email address which is *stpetersadmin@zoho.com* 

The deadline for the September issue is 8th August



### **EDITORIAL**

Welcome to the July and August edition of Keynotes which is the last before the Summer holidays.

At the time of writing, Zanita and her merry band of helpers are busy preparing for the Summer Fair. It is a wonderful opportunity to show the local Community how welcoming the St Peter's Church family is and we are confident it will once again be a great success.

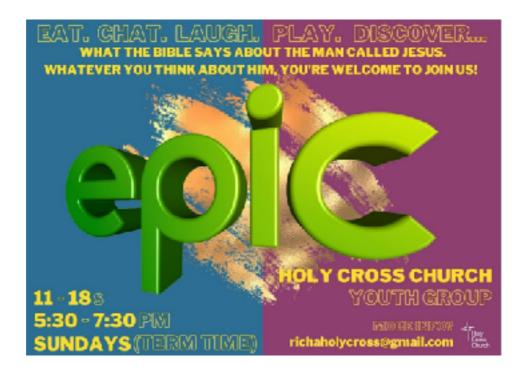
Thank you to all of those that attended Tim's Hymns and Pimms last month. It is a popular event and around 30 of us gathered to sing our favourite hymns accompanied by Tim on guitar and Gill on piano. There was a raffle and of course Pimms and nibbles. We raised just over £100 to go towards Church funds. A very pleasant evening with good company!

There will be no Friday morning drop in, Prayer Together, midweek Holy Communion or any other social Church gathering in August, but we will return to the usual routine in September. It is also with regret that the PCC have decided to postpone the St Peter's Got Talent Show. Hopefully it will be able to go ahead later on in the year.

It was wonderful to see a larger number of people gather in Church recently for our monthly 'Prayer Together' service and midweek Holy Communion service. If you have not yet come along, why not give it a try. The Prayer Together is held on the first Wednesday of the month and shorter Holy Communion service on the third Wednesday of each month at 7.45pm in the old Church. They are very moving services and well worth the effort of leaving your comfy sofa! On the second and fourth Wednesday of each month we have Bible Study. There are two sessions at 11am at the Rectory and 7.45pm at Gill and Michael's home. We are currently studying Acts and everyone is welcome to come along.

Wishing you all a wonderful Summer and please do send us some photos and information of where you have been on your holidays.

**Editorial Team** 



"But whoever drinks the water I give him will never thirst. Indeed, the water I give him will become in him a spring of water welling up to eternal life."

- John 4:14

#### FREE PARKING

Are you having problems parking when you take your children to Hove Park?

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#### **WOMEN'S SOCIAL GROUP**

On the 9th of May we had a well attended coffee morning at Jean's house, it was a lovely, and lively morning in her large conservatory, we all enjoyed it!

On the 23rd May, Rev. Jan spoke to us, in church, about his work for the charity World Vision, which is addressing -world wide - the welfare of children, he also spoke also about his call to the church at a very young age, inspiring...

The 13th June is a visit to a garden, with lunch. (As I am writing this, the venue has to be decided).

The 27th June will be the 90's celebration lunch (at Miller & Carter, Patcham) for three of our very dear friends: Pam Ansell, Audrey Scarborough and Janet Hand, three very special ladies...

To come in July and August:

- 11/7. Coffee morning at Iris', with Maggie helping
- 25/7. Coffee morning at Christine's with Sue helping
- 8/8. Charity Tea at Maggie's
- 22/8 Tea at Suzanne's with Mary helping

The birthdays to come are: Mary on 26/7 and Daphne W on 23/8

Georgette Bassant

But as for you, be strong and do not give up, for your work will be rewarded.

- 2 Chronicles 15:7



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### Don't go far!

The minister went to the bank and asked for a statement of his account, adding: "We want to know how far afield we can go for our holiday." Handing him his statement the cashier enquired very gently: "Have you got a field at the back of your garden, sir?"

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### Quiz on 1 & 2 Samuel

1 Who taunted Hannah about her inability to have children? Leah – Peninnah – Naomi

2 What was Eli's job? Priest – Counsellor – Baker

3 How did Eli die? He was poisoned – He died in his sleep – He fell off his chair

4 In the house of which god did the Philistines place the Ark of the Covenant?

Ashteroth – Dagon – Molech

5 How was the ark returned?

The Philistines carried it by hand – It was carried on a cart pulled by cows – It was strapped to a chariot and pushed down a hill

6 What did the people demand from Samuel? Lower taxes – A king – A better army

7 Which tribe was Saul from? Judah – Benjamin - Dan - Simeon

8 Which animals did Saul's father tell him to search for? Donkeys – Sheep – Horses

9 What did Jonathan eat, despite Saul telling his troops that they were not to eat it until they were victorious?

Milk – Honeycomb – Bread

10 What job did David first do for Saul? Chef – Shepherd – Musician

11 How many shekels of brass did Goliath's coat of armour weigh? 2,000 - 3,000 - 5,000

12 What did David do when he visited King Achish in Gath? He pretended to be insane – He gave the king a gift – He offered him his friendship – He killed the king 13 Where did David cut off the corner of Saul's cloak? In a cave – In a forest – By a river

14 Which of the following did Saul not turn to for advice towards the end of his life?

Dreams – Prophets of Baal – A witch/medium

15 For how long did David reign over Judah before he became king of Israel?

Twelve days – Six months – Three years – Seven and a half years

16 What did Uzzah touch which resulted in his death? Serpent – Ark – Poisoned Arrow

17 Who did God send to rebuke David for his dealings with Uriah and Bathsheba?

Nathan – Zadok – Joab

18 What type of tree did Absalom get caught up in during the battle with David?

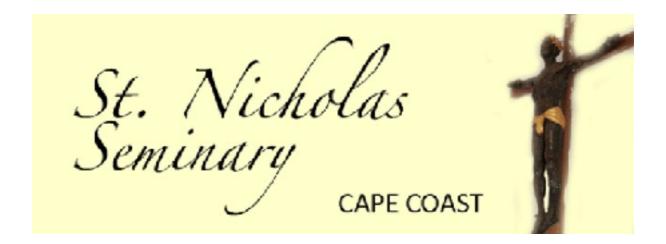
Willow - Oak - Palm

19 How many men died in a plague as punishment for David's sin? 70,000 – 100,000 – 640,000 – 1,000,000

20 On whose threshing floor did God instruct David to build an altar? Naboth's – Othniel's – Araunah's



### Our charity for July and August is St Nicholas Seminary, Cape Coast, Ghana



St Nicholas Seminary is an Anglican/Episcopal institution that seeks to equip the people of God in their response to His call to serve in the Church and the world, offering preparation for both lay and ordained ministry. Upholding the Catholic and Apostolic Faith proclaimed in the Scriptures and interpreted in the light of tradition and reason, St Nicholas Seminary seeks to be a creative focus for exploring how we share in God's mission and the proclamation of his Gospel to all the world, following the example of Jesus Christ our Servant King.

Today's existence and tomorrow's flourishing depends on prayer and open-hearted generosity. The fragility of their finances fires their trust in God's provision and prompts courage to anticipate and heed his involvement.

Please support them if you can.

The Lord your God is with you, he is mighty to save. He will take great delight in you, he will quiet you with his love, he will rejoice over you with singing.

Zephaniah 3:17

### Purple Emperor by Michael Blencowe for Sussex Wildlife Trust

In any book on British butterflies, you'll find our 58 species segregated into social ranks: the common browns, the blue-collar blues, the working-class whites. But turn the page, past the lepidopteral lower-classes, and you'll find a butterfly so unique, so magnificently majestic, so breathtakingly beautiful that for centuries British naturalists have bowed before it. Draped in resplendent robes of iridescent amethyst, obsidian, and ermine the Purple Emperor has to be one of the most impressive animals on our island. In July the purple reign begins.

Aside from an alluring appearance, Emperors also possess that combination of rarity and elusiveness which has elevated them into an almost mythological figure: a butterfly bigfoot. How a large, shiny, purple butterfly manages to exist undetected in our countryside is down to an arboreal existence. Purple Emperors spend almost all their time on lofty thrones high above our woodlands. If we're lucky we may glimpse the glide of a wide-winged silhouette as we stare sore-necked and squinting at the Sycamore skyline.

Up there, in their canopy kingdom, Emperors compete in a power struggle for territory and males gather for summer tree-top tournaments. Their wings flash as they clash in acrobatic aerial jousting, and they spar and spiral high into the Sussex skies. The Emperor's ferocity and fearlessness in the defence of his realm are famous. Butterflies, bumblebees and other insects get a battering if they trespass and, incredibly, bemused birds (including sparrowhawks, woodpeckers, gulls and herons) also receive a warning wing-slap.



Emperors don't lower themselves to feast on flowers like other butterfly riffraff. The Emperor sups sugars by quaffing only the finest honeydew distilled by aphids in the treetops. Yet, in complete contrast to its aristocratic high life, the Emperor has some dirty habits which drag him down to the filthy forest floor. To get his majesty's mojo working he requires a mid-morning meal of minerals, which he obtains by probing his proboscis into the most disgusting muck he can find. Dog poo, used nappies, dead animals, sweaty feet — nothing is too repugnant. It's like finding the King rummaging through the bins at the back of Tesco.

The female Empress does not have the shining sheen or horrid habits of the Emperor but she too descends to lower levels searching shady Sallows for a place to lay her eggs. Camouflaged caterpillars munch from August to June before giving rise to another distinguished (but disgusting) dynasty.

Recently, the Emperor has extended his empire eastwards. Once a butterfly of north-west Sussex it can now be found all across the north of the county and has been reported around Uckfield – there have even been rumoured sightings in the very heart of Brighton – so keep your eyes to the skies.



### Is God calling YOU to serve on diocesan synod?

It may not sound like the most exciting of vocations, but your contribution may all the same be of real, substantial help to the churches in our diocese.

Diocesan synod elections are soon underway this month, and this time people of many different backgrounds and ages are being encouraged to stand for election.

Some dioceses are especially urging the younger people in their churches to consider standing. They want them to express their hopes for the church, and also, in turn, to benefit from the skills they will learn from being on a diocesan synod: debating, learning to shape a policy, what advocacy involves, and what a good financial scrutiny looks like.

As one diocesan-synod member explains: "We can't have decisions being made that aren't being contributed to by the very people who are going to be affected by them in the long term."

Some dioceses are running multi-media campaigns to raise awareness of the elections, including leaflets, newspaper stories, parish magazine articles, posters and PowerPoint slides.

Timetables are set by individual dioceses, but all elections must be completed by 15th July.

Please speak with Rev Tim if it is something you are interested in.

### **Prayer List Requests**

Each Sunday we pray for people in any kind of need.

These may be the names of people on the prayer list which is printed in the Pew Sheet each week. The names are not read out individually during Sunday Intercessions, but are prayed for individually at the monthly Wednesday Prayer Together Service.

This is a lovely, peaceful, prayerful time in The Old Church and is always finished with Compline. Please join us.

The Prayer Together Services are always on the first Wednesday of each month at 7.45pm.



### **St Peter's Pastoral Care Group**

Our Pastoral Care Group exists to offer entirely confidential help and support on any pastoral matter.

Perhaps you would like a friendly visitor for a good chat now and then, help with transport, a name included in our prayer list at Church, some professional advice which we can help find, or an offer of Communion at home?

Please contact, in the first instance, Carol Gander on 01273 555414.

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### People and Places of the Bible

I am continuing to focus on people and places in Acts, the subject of our Bible Study.

### Simon the Tanner.

Simon the Tanner is a minor but notable figure mentioned in the Acts of the Apostles. His involvement is detailed primarily in Acts 9 and Acts 10. Simon's house serves as a base for Peter's ministry in Joppa. The mention of his occupation as a tanner, a trade considered unclean by Jewish law because it involves contact with dead animals, highlights the inclusive nature of the early Christian community.

It is in Simon's house that Peter receives a vision instructing him to eat animals considered unclean by Jewish dietary laws, symbolising that the message of Christ is for all people, not just Jews. This vision prepares Peter to accept the invitation from Cornelius, a Roman centurion, and a Gentile.

### **Joppa**

Joppa, known today as Jaffa or Yafo, is an ancient port city located about 30 miles south of Caesarea and has historical and biblical importance.

Joppa is situated on a high bluff overlooking the Mediterranean Sea, providing a strategic advantage and a natural harbour. It was one of the few natural harbours along the southern Levantine coast, making it an important port city for trade and transportation.

Joppa's history dates back to at least the second millennium BCE. It is mentioned in Egyptian records from the New Kingdom period, around the 15th century BCE. The city was under the control of various powers over the centuries, including the Egyptians, Canaanites, Philistines, Israelites, and later, the Greeks and Romans.

Joppa is referred to twice in the Old Testament.

Jonah: Joppa is famously mentioned in the Book of Jonah. It is the port from which Jonah tries to flee from God's command to go to Nineveh (Jonah 1:3). Jonah boards a ship in Joppa heading for Tarshish, seeking to escape his prophetic mission. Solomon: Joppa is mentioned in the context of King Solomon's construction projects. Timber from Lebanon, sent by Hiram, king of Tyre, was brought to Joppa, and then transported to Jerusalem for the building of the temple (2 Chronicles 2:16).

The New Testament References are:

- Peter's Miracles: In the Acts of the Apostles, Peter performs a significant miracle in Joppa by raising Tabitha (also known as Dorcas) from the dead (Acts 9:36-42). This event leads many in Joppa to believe in the Lord.
- **Simon the Tanner:** Peter stays at the house of Simon the Tanner in Joppa, where he receives the vision that leads him to preach to the Gentiles, starting with Cornelius in Caesarea (Acts 9:43, Acts 10:5-6, Acts 10:32-33).

As a port city, Joppa was a melting pot of cultures, languages, and religions. This diverse environment set the stage for significant interactions and events in the early Christian church.

William Holden



**Small Donations Scheme** 

We have reintroduced the above scheme, or SDS, which ran very successfully up to several years ago. The idea is to give people the opportunity to make a donation towards the cost of items which are one—off purchases or materials which we use. These donations are not regular but are on an "as and when able" basis which may be something in which they are interested.

The next edition of Keynotes will then contain a "thank you" notice for the gift which can be anonymous or include the sponsor's name.

Mandy has produced a list of items which may appeal to the congregation and any discussion can be held in confidence with her. This list includes the following;

Red Sanctuary Light	£	33.63
Communion wafers	£	29.28
Welcome packs and pens	£	103.79
Sunday School supplies	£	87.35
Hangleton Band at the Summer Fair	£	60.00
Annual fire extinguisher maintenance	£	140.94
Eggs for children's Easter Egg hunt	£	10.00
New shelves for Tea & Tots	£	164.00

### Thank you for your sponsorship

Our grateful thanks go to the person who wishing to remain anonymous, very kindly donated tea and coffee for refreshments after Church.

If you would like to make a donation to help with the funding of some of the items of expenditure in and around our Church then please contact Mandy Gander, our Treasurer.

\_

# The Victorian Church – A Time of Change in the Church and Society.

In my introduction to this series last month I stated that this is based on a series of sermons delivered at Evensong in 1974 but looking at my notes I am reminded that they were preached at the morning Eucharist as well as at Evensong.

This period in the history of the Church of England is pivotal in setting the shape of the church today. Also, the shape of society and its institutions. My main source of information was George Kitson Clark's The Making of Victorian England.

# The Socio-Economic Transformation of Victorian England: The Church's Response to Industrialisation

Queen Victoria ascended to the throne on 20<sup>th</sup> June 1837 at which time the Industrial Revolution was at its height. Historians date it from around 1760 to 1840. In this environment the landscape of work and society underwent profound changes, fundamentally reshaping the socioeconomic fabric of the nation. The era of industrialisation not only fuelled the growth of cities and the expansion of factories but also precipitated a massive migration from rural areas to urban centres. This shift resulted in a burgeoning yet economically struggling working class, whose living conditions starkly contrasted with the opulence of the industrial magnates.

As factories sprouted across the landscape, drawing in thousands from the countryside, the face of cities like Manchester, Birmingham, and London changed irrevocably. These new urban dwellers encountered a harsh reality: overcrowded living conditions, inadequate sanitation, and a relentless demand for labour that paid little heed to the health or wellbeing of workers. The stark disparities highlighted in George Kitson Clark's study on the conditions of the Victorian working class paint a grim picture of the period. This era witnessed not only significant wealth accumulation by a handful of industrialists but also widespread poverty and misery for the labouring masses.

Amidst this socioeconomic upheaval, the plight of the working class became a focal point for both political reformers and religious organisations. Notably, the Quaker families, such as the Rowntrees, and Cadburys emerged as pioneering social reformers. Joseph Rowntree and his relations undertook extensive social surveys in York, which not only documented these harsh realities but also influenced public policy and set the stage for welfare reforms in the early 20th century.

Their work, grounded in a deep moral concern and rigorous empirical investigation, demonstrated a commitment to improving the material conditions of the workers, aligning with their religious values of equality and social justice.

Recognizing the profound impact of industrialisation on the spiritual and material well-being of the workforce, the Church of England established industrial missions. These missions aimed to address both the spiritual needs and the dire living conditions of the industrial working class. By providing practical assistance such as education and healthcare, alongside spiritual guidance, the Church sought to make Christianity relevant and accessible to the working class.

These missions also served a critical role in mediating between employers and employees, advocating for better working conditions and promoting social justice from a Christian perspective. This was a clear acknowledgment by the Church of the need to actively engage with the challenges posed by industrial society, not just as passive observers but as proactive agents of change.

The Victorian era, marked by stark contrasts between wealth and poverty, posed significant challenges to the moral and ethical frameworks of the time. The response of religious organisations, particularly the Church of England, to the socio-economic upheaval brought about by industrialisation, highlights a crucial aspect of this period's history. Through efforts like the industrial missions and the social reforms spearheaded by families like the Rowntrees, the Church played an integral role in addressing the needs of an evolving society. This engagement with the working class will be covered in the next article.

William Holden

#### Hole for one

A golfing priest, after having been beaten by an elderly parishioner, returned to the clubhouse somewhat depressed. "Cheer up," said the layman. Remember, you'll eventually be burying me some day." "Yes," said the priest. "But even then, it will be your hole!"

## TWAM - TOOLS WITH A MISSION

### "The power of tools to transform lives."

### "Turning Hardship into Hope"

We need your help to support a UK based Christian international development charity, TWAM – Tools with a Mission, which collects tools that can be sent to communities in deprived areas of Africa to transform the lives of people with skill-building and self-sufficiency ways to generate new livelihoods for themselves, their families and communities. The beauty of this project lies in transforming idle, no longer used tools into powerful instruments of change and development. Most of us probably have tools around the house and garden that we no longer use or want, and these can be put to much better use elsewhere.

TWAM has set up a range of training facilities in Africa where people are given a chance to be trained for a new whole range of professions, including basic plumbing, building and repairs, carpentry, mechanics, dressmaking, agricultural work etc. People are trained in a basic trade and given some tools to get them started. They can also return to the centres to use the larger or electrical machines to carry out their work. This gives these people a whole new way to earn money, support their families and make a real difference in their society.

TWAM's vision is of empowering communities to create a more sustainable future. This project also stops these tools ending up in landfill sites and so contributes to climate change in a very positive way by reducing CO2 emissions.

The tools **must** be in working order but need not be new and the range of tools required is substantial. (See overleaf)

The tools will be collected together and stored until there is enough to arrange a collection by TWAM from their regional depot in Seaford, ready to go to their headquarters in Ipswich, where they are cleaned and sorted and then sent on to where they can be put to good use.

Please ask your friends and families to sort out their unwanted tools as well.

If anyone has a space such as in a shed or garage where these tools could be stored for a short time this would also be very helpful. Tools will be packed in cardboard boxes where possible.

For further information please contact: -

Chris. James on 01273 412677, Email: - <a href="mailto:cmeigames@virginmedia.com">cmeigames@virginmedia.com</a>

Or Michael Evans on 01273 567399

Or visit the TWAM website at www.twam.uk

Or Contact John Butler, Email :- johnk@twam.uk

TWAM is a registered charity number:- 1104903. UK

A coffee morning will be arranged at St Peter's Church on Wednesday 14<sup>th</sup> August 2024 where tools can be dropped off and more information seen about this project. Refreshments will be available.

Collections can also be arranged if necessary.

### Some of the tools that are required: -

Forks, spades, garden rakes and hoes, trowels, loppers, secateurs, shovels, sickles

Levels, axes, hammers, crowbars, hacksaws and blades, tape measures, chisels

Allen keys, hand drills and bits, pliers, planes, saws, screwdrivers, screws, nails, bolts

Files, chisels, spanners, wire brushes, grips, wrenches, oil cans

Battery chargers, hydraulic jacks, angle grinders

Sewing machines, manual, hand or treadle, needles, cottons, buttons, zips, tapes

Knitting machines, machine and hand wool, patterns and needles

Large material pieces (but not curtains)

Power tools – hand and bench drills, sanders, planers, circular saws, lathes, rotavators

### Please remember.

Tools can be sharpened, and surface rust removed but cannot be repaired so tools that are broken, missing safety guards or have woodworm cannot be accepted.

Also, larger items such as ladders, lawnmowers, electric strimmers and hedge trimmers, workbenches, printers and disability aids cannot be accepted.

### **REGULAR WEEKLY SERVICES**

10.00 am Sunday Parish Eucharist with Sunday School in term time (except third Sunday of the month)

10.00 am All-Age Worship on the third Sunday of the month

1st Wednesday of the month at 7.45 pm - Prayer Together and Compline

3rd Wednesday of the month at 7.45pm - Shorter Eucharist Service

10.00 am Online service via Youtube



The Rector is always available for spiritual counsel and healing prayer

The views expressed by individuals in Keynotes are not necessarily the views of the Church of St Peter, West Blatchington, or the Editorial Team. External advertising in this magazine does not imply any endorsement or promotion of the advertisement or its content, products or services. Errors and omissions, whilst regrettable, may occur. Please advise any member of the Editorial Team in writing and corrections will be published.

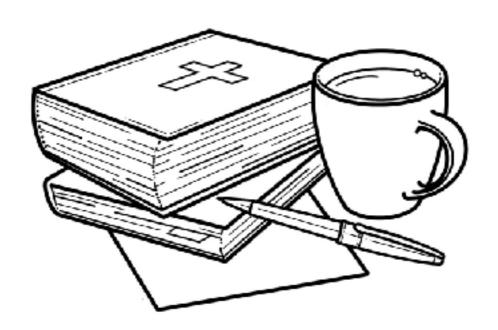
# FRIDAYS AT ST PETER'S St Peter's 'Open Church' drop-in

The First Friday of each month 10.30am – 12noon

For coffee, conversation and companionship.

We are open between 10.30am and 12 noon for you to 'drop-in' for a coffee, piece of cake and a chat.

A very warm welcome awaits you, so please do 'drop-in' we'd love to see you.





### WHAT'S HAPPENING IN YOUR GARDEN?

- 1) Make sure tall plants and climbers are well supported in case of bad weather.
- 2) Water at dusk to reduce evaporation and use mulch to retain moisture around plants.
- 3) Terracotta pots are prone to evaporation so dampen the pot down to keep roots inside cool and damp.
- 4) Regularly deadhead bedding and perennial plants to encourage new blooms for as long as possible.
- 5) As your Penstemon flowers fade, cut them back to just above a bud to encourage more flowers.
- 6) Make sure you regularly feed your containers and hanging baskets.
- 7) Cut back Hardy Geraniums and Delphiniums after the first flush to encourage new growth and further blooms.
- 8) If you need to prune deciduous Magnolias, now is the time to do it.
- 9) Divide clumps of Bearded Iris so they have time to form roots and flower buds for next year.
- 10) After flowering, deadhead your Roses and Sweet Pea to keep them blooming.
- 11) Keep an eye out for pests on plants, early treatment is best.
- 12) Water newly seeded or turfed lawns in hot weather. Don't allow new lawns to dry out.
- 13) If you are experiencing prolonged dry weather, set your mower blades higher to reduce stress on the grass.

### **Answers to Quiz**

Peninnah (1 Samuel 1:4-6)

Priest (1 Samuel 2:11)

He fell off his chair (1 Samuel 4:18)

Dagon (1 Samuel 5:2)

It was carried on a cart pulled by cows (1 Samuel 6:10-12)

A king (1 Samuel 8:5)

Benjamin (1 Samuel 9:1-2)

Donkeys (1 Samuel 9:3)

Honeycomb (1 Samuel 14:24-27)

Musician (1 Samuel 16:23)

5,000 (1 Samuel 17:5)

He pretended to be insane (1 Samuel 21:13)

In a cave (1 Samuel 24:3-4)

Prophets of Baal (1 Samuel 28:6-7)

Seven and a half years (2 Sam 5:1-5)

Ark (2 Sam 6:6-7)

Nathan (2 Sam 12:1)

Oak (2 Sam 18:9-10)

70,000 (2 Sam 24:15)

Araunah's (2 Sam 24:18-25)

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### COME INTO MY KITCHEN......

As we begin to enjoy the summer months, here are some recipes that won't mean you have to spend too much time in the kitchen.

### SALMON WITH BEETROOT, FETA AND LIME

**SERVES 4** 

400g cooked beetroot 140g feta 4 limes

4 skin-on salmon fillets

Chop the beetroot and feta into small cubes and mix with the juice and zest of one lime and some seasoning.

Season the salmon. Heat 2tbsp of oil in a non-stick frying pan over a high heat. When hot, add the salmon, skin-side down, and cook for 3 mins. Flip over, turn down the heat and cook for a further 4-5 mins.

Serve with the beetroot salsa and the remaining lime, cut into wedges.

### STICKY CHICKEN SKEWERS

**SERVES 6** 

6 chicken thigh fillets

2 tbsp wholegrain mustard

1 tbsp vegetable oil

3 tbsp maple syrup

2 tbsp soy sauce

2 tbsp tomato ketchup

Trim sinew and any excess fat from the chicken then cut into rough 2.5 cm (1 in) chunks.

In a bowl, whisk together the remaining ingredients with some seasoning. Add the chicken and mix so the chicken is thoroughly coated. If you have time, cover and leave to marinate in the fridge for 3 hours.

Skewer the chicken, ensuring it's evenly spaced and not too bunched up. Barbecue or grill over/under medium heat for 8-10 mins, turning halfway or until cooked through.

Serve.

I don't know about you, but although I like runner beans, I'm always looking for recipes that make them a little more interesting!

### **GARLICKY RUNNER BEANS**

**SERVES 4** 

500g runner beans
Salt
2 tbsp unsalted butter
2 large cloves garlic, sliced thinly
1 tbsp dried white breadcrumbs
½ tsp ground white pepper
2 tbsp grated Parmesan
Pinch of salt flakes

Top and tail the beans and de-string both sides. Rinse them in cold water and cut into diamond shapes on a really long diagonal.

Bring a pan of salted water to the oil; add the beans and simmer for 4-5 minutes until crunchy but not tough. Drain and rinse with cold water to stop them cooking further.

In the same, empty pan, melt the butter over a medium heat. Add the garlic slices and fry gently until the butter foams and the garlic colours very slightly. Stir in the breadcrumbs.

Return the beans to the pan and toss with the garlic. Cooks for a few minutes to heat them up again. Stir in the white pepper and the Parmesan.

Serve immediately, sprinkled with a pinch of salt flakes.

And finally a quick, easy and adaptable dessert recipe. You can use any seasonal fruits you like.

### STRAWBERRY AND NECTARINE GALETTE

### **SERVES 6**

320g ready-rolled sheet shortcrust pastry
25g ground almonds
3-4 large strawberries
2 small nectarines
1 medium egg, beaten with a pinch of salt
1 tsp demerara sugar
1 tbsp runny honey, warmed
Small basil leaves to garnish

Heat the oven to 180Cfan/gas 6 and put a large baking sheet inside to heat up.

Lay the pastry out on a sheet of baking paper (or leave in the paper it comes rolled in), then prick all over with a fork. Sprinkle the ground almonds evenly over the pastry, leaving a 3cm border clear around the outside.

Hull the strawberries and halve and stone the nectarines. Cut both into 3mm thick slices. Arrange three rows of nectarines across the pastry (keeping the border clear), leaving gaps to lay the strawberry slices between the rows of nectarines. Fold over the exposed pastry border. (making little pleats as you go if you're feeling creative, or not for a more rustic look!) Brush the border with the beaten egg, then sprinkle with the demerara sugar.

Remove the hot tray from the oven carefully slide he galette (still on the baking paper) onto it then bake in e oven for 20 minutes until the pastry base is cooked through and crisp underneath, Brush the honey all over the fruit and return to the oven for 5 minutes more.

Serve, scattered with the basil leaves.

I hope you all enjoy the summer and, please, if you come across some food you really enjoy, send me the recipe so we can share it. My email address is - maggie.keeling@ntlworld.com





# The Parish Church of St. Peter West Blatchington

### FREE LUNCHTIME CONCERT SERIES

Our afternoon concert series continues with

# Brighton Guitar Quartet 1.10 p.m. on Saturday 20th July

The Recitals are for approximately 40 minutes

## Refreshments provided.

There is no admission charge, but donations to fund future concerts will be gratefully accepted.

### All welcome!

### **July/August Festivals and Saints**

### 18th July Elizabeth Ferard, Deaconess

Elizabeth Ferard was a notable figure in the Anglican Church, known for her pioneering role as a deaconess. She was born on February 22, 1825, in London, the daughter of Daniel Ferard, a merchant, and Elizabeth Catherine Beaty. She grew up in a devout Christian family which influenced her strong faith and commitment to religious service.

She travelled to Germany and Switzerland to study the work of Deaconesses in the Lutheran Church, particularly the Kaiserswerth Deaconesses, who were renowned for their nursing and social work.

On July 18, 1861, Elizabeth Ferard was officially licensed as the first Deaconess of the Church of England by Bishop Tait of London. This marked the formal recognition and revival of the deaconess order within the Anglican tradition. Following her licensing, she founded the North London Deaconess Institution, later known as the Deaconess Community of St. Andrew. This institution provided training for women to serve as deaconesses, emphasising nursing, teaching, and social work.

Elizabeth Ferard's ordination and subsequent work laid the groundwork for the revival of the ancient order of deaconesses in the Anglican Church, a role that had been largely dormant for centuries. She was instrumental in establishing a structured and formalised approach to the training and deployment of deaconesses within the Church of England.

The deaconesses trained under her leadership engaged in various forms of social outreach, including nursing the sick, caring for the poor, teaching, and other charitable activities. This work was crucial in addressing the social issues of the time, particularly in urban areas.

Elizabeth Ferard's legacy continued through the growth of the Deaconess Community of St. Andrew and the broader acceptance of women in church ministry roles. Her efforts paved the way for later developments in women's ministry within the Anglican Church, leading to the eventual ordination of women as priests and bishops.

### 6<sup>th</sup> August - The Feast of the Transfiguration

The Transfiguration of Jesus is described in three of the Synoptic Gospels: Matthew 17:1-9, Mark 9:2-8, and Luke 9:28-36. The key elements of the story are:

### 1. Jesus Takes Peter, James, and John Up a Mountain:

 Jesus takes three of His disciples—Peter, James, and John to a high mountain, traditionally identified as Mount Tabor, although some traditions also suggest Mount Hermon.

### 2. Jesus is Transfigured:

 While on the mountain, Jesus is transfigured before them.
 His face shines like the sun, and His clothes become dazzling white. This transformation reveals His divine glory.

### 3. Appearance of Moses and Elijah:

 Moses and Elijah appear and speak with Jesus. Their presence symbolizes the Law and the Prophets, indicating that Jesus fulfils both.

### 4. Peter's Response:

 Peter suggests building three shelters for Jesus, Moses, and Elijah, indicating his desire to prolong the moment and honour the three figures.

### 5. Voice from the Cloud:

 A bright cloud overshadows them, and a voice from the cloud says, "This is my Son, whom I love; with him I am well pleased. Listen to him!" This voice confirms Jesus' identity as the Son of God and emphasises the importance of listening to His teachings.

### 6. Return to Normalcy:

 After the voice speaks, the disciples find only Jesus with them, and He instructs them not to tell anyone about the vision until after His resurrection.

The Feast of the Transfiguration holds deep theological and spiritual significance for Christians:

It provides a glimpse of Jesus' divine nature, reinforcing the belief in His dual nature as both fully human and fully divine.

The presence of Moses and Elijah symbolises the fulfilment of the Old Testament Law and Prophets through Jesus.

It foreshadows Jesus' resurrection and His ultimate glorification, offering hope and assurance to His followers.

The event strengthens the faith of Peter, James, and John, preparing them for the challenges they will face, including Jesus' passion and crucifixion.

The Feast of the Transfiguration is celebrated on August 6th in most Western Christian traditions, including the Roman Catholic, Anglican, and Lutheran churches. Eastern Orthodox Christians also celebrate it on this date.

William Holden

## **MONEY MA££ERS - Figures for May 2024**

Receipts		
Planned Giving	£	3,331
Community Centre Income	£	657
Payaz Donation Station/Sundry Donations	£	347
Collections/Other giving	£	51
Income Tax Recovered	£	679
Fundraising	£	425
PCC fees	£	344
TOTAL RECEIPTS	£	5,834
Payments		
Parish Contribution	£	6,651
Salaries	£	788
Utilities and Insurance	£	271
Rectory	£	339
Community Centre running costs	£	181
SumUp/Bank Charges	£	11
Printing costs	£	370
Church running expenses	£	447
Reimbursement of expenses	£	332
TOTAL PAYMENTS	£	9,390

Year to date deficit: £3,839



Date	Reading, Commemorations & Intentions Calendar for July (Year B)
MON 1 <sup>ST</sup>	Hangleton and West Blatchington Foodbank
TUES 2 <sup>ND</sup>	All food distributors
WEDS 3 <sup>RD</sup>	All missionaries
THURS 4 <sup>TH</sup>	Our understanding of our Christian faith
FRI 5 <sup>TH</sup>	Our City Council
SAT 6 <sup>TH</sup>	Those persecuted for their faith
SUN 7 <sup>TH</sup>	Sixth Sunday after Trinity Ezekiel 2. 1-5 2 Corinthians 12. 2-10 Mark 6. 1-13
MON 8 <sup>TH</sup>	All those researching vaccines
TUES 9 <sup>TH</sup>	Poetry in expressing religious beliefs
WEDS 10 <sup>TH</sup>	All civil servants
THURS 11 <sup>TH</sup>	Ambulance crews
FRI 12 <sup>TH</sup>	All agriculture workers
SAT 13 <sup>TH</sup>	Our Archbishops, Justin & Stephen
SUN 14 <sup>TH</sup>	Seventh Sunday after Trinity Amos 7. 7-15 Ephesians 1. 3-14 Mark 6. 14-29
MON 15 <sup>TH</sup>	A deeper understanding of our faith

TUES 16 <sup>TH</sup>	Our readers and intercessors
	Our readers and intercessors
WEDS 17 <sup>TH</sup>	Our sides people
THURS 18 <sup>TH</sup>	Our serving team
FRI 19 <sup>TH</sup>	The role of women in the church
SAT 20 <sup>TH</sup>	All theologians
SUN 21 <sup>ST</sup>	Eighth Sunday after Trinity Jeremiah 23. 1-6 Ephesians 2. 11-end Mark 6. 30-34, 53-end
MON 22 <sup>ND</sup>	Bishop Martin
TUES 23 <sup>RD</sup>	Our Sacristans
WEDS 24 <sup>TH</sup>	Bishop Will
THURS 25 <sup>TH</sup>	Bishop Ruth
FRI 26 <sup>TH</sup>	All parents
SAT 27 <sup>TH</sup>	All Theological Colleges
SUN 28 <sup>TH</sup>	Ninth Sunday after Trinity 2 Kings 4. 42-end Ephesians 3. 14-end John 6. 1-21
MON 29 <sup>TH</sup>	School Governors
TUES 30 <sup>TH</sup>	Chaplains to the Armed Forces
WEDS 31 <sup>ST</sup>	Anti- slavery campaigners

Date	Reading, Commemorations & Intentions Calendar for August (Year B)
THURS 1 <sup>ST</sup>	Rev Tim and his family
FRI 2 <sup>ND</sup>	Armed Forces
SAT 3 <sup>RD</sup>	Those on holiday
SUN 4 <sup>TH</sup>	Tenth Sunday after Trinity Exodus 16. 2-4, 9-15 Ephesians 4. 1-16 John 6. 24-35
MON 5 <sup>TH</sup>	Those involved in the Tourist Industry
TUES 6 <sup>TH</sup>	Our spiritual awareness
WEDS 7 <sup>TH</sup>	Rev Jan and his family
THURS 8 <sup>TH</sup>	All preachers
FRI 9 <sup>TH</sup>	All mothers
SAT 10 <sup>TH</sup>	The poor and helpless
SUN 11 <sup>TH</sup>	Eleventh Sunday after Trinity 1 Kings 19. 4-8 Ephesians 4. 25-5.2 John 6. 35, 41-51
MON 12 <sup>TH</sup>	All working in Local Government
TUES 13 <sup>TH</sup>	All fathers
WEDS 14 <sup>TH</sup>	Our understanding of the scriptures
THURS 15 <sup>TH</sup>	All grandparents

FRI 16 <sup>TH</sup>	The hospitality sector
SAT 17 <sup>TH</sup>	The 'Bloomers' flower group
SUN 18 <sup>TH</sup>	Twelfth Sunday after Trinity Proverbs 9. 1-6 Ephesians 5. 15-20 John 6. 51-58
MON 19 <sup>TH</sup>	Those housebound and their carers
TUES 20 <sup>TH</sup>	Our churchyard gardening team
WEDS 21 <sup>ST</sup>	All social workers
THURS 22 <sup>ND</sup>	The disadvantaged and the poor
FRI 23 <sup>RD</sup>	The Martlets and the terminally ill
SAT 24 <sup>TH</sup>	All teachers and schools preparing for the new term
SUN 25 <sup>TH</sup>	Thirteenth Sunday after Trinity Joshua 24. 1-2a, 14-18 Ephesians 6. 10-20 John 6. 56-69
MON 26 <sup>TH</sup>	Our Churchwardens
TUES 27 <sup>TH</sup>	All seeking work
WEDS 28 <sup>TH</sup>	Our Parochial Church Council
THURS 29 <sup>TH</sup>	Our Standing Committee
FRI 30 <sup>TH</sup>	All writers on Christian matters
SAT 31 <sup>ST</sup>	Archdeacon Martin

## And finally......

## **Prayer for July 2024**

Father,

Thank you for summertime, when thoughts turn to holidays and relaxation.

July is a month of endings for many; the ending of the school or college year and for some a moving on to the next stage of education or work. Often, there is uncertainty or trepidation about the future.

Whatever stage of life we are at, whatever season of the year it is, we can feel uncertain and concerned in a world which seems increasingly secular and confusing.

Remind us Lord, of Your promise to be with us always, every step of every way, when we put our trust in You, through Jesus.

Thank you that in the ups and downs of life, You never change. You are the rock on which we stand securely, eternally. Help us to move forward confidently, trusting in that truth.

Thank you, Lord.

In Jesus' name.

Amen.

By Daphne Kitching





For all of your motoring needs, all work undertaken and guaranteed. Free collection and delivery, loan cars/vans available. Keeping you or your business on the road.



Bodywork, tyres, exausts, MOT's repairs & servicing with a smile