

KEYNOTES



November 2022

£1.00

**THE PARISH CHURCH OF
ST PETER'S, WEST BLATCHINGTON**

Rector **The Reverend Tim Gage**
The Rectory
23 Windmill Close
Hove, BN3 7LJ
Tel : 01273 270427
Email: rector.westblatchington@gmail.com

Thursday is ordinarily the Rector's rest day; however please do not hesitate to contact him in the event of a pastoral emergency. Please refer all other urgent matters to the Churchwardens.

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PARISH EVENTS DIARY

The following events taking place in November and December as notified are:

**Saturday 12th November - Blue Jeans Saturday -
Church yard tidy up - from 10am**

**Friday 18th November - Free lunchtime concert - 1.10pm
Amity Singers**

Saturday 19th November - Family Film Night - 7pm

Saturday 3rd December - Christmas Fair - 11.30am to 2.30pm

Please continue to keep me informed of events that you have planned or know about by sending a message to our email address which is stpetersadmin@zoho.com

**The deadline for the December/January issue is
10th November**



EDITORIAL

Having celebrated the Harvest Festival, welcomed Bishop Martin to our Eucharist at the beginning of October, held a fun quiz night and hosted a lunchtime concert, it's clear St Peter's is a hive of activity.

November will hopefully give us some downtime before the Christmas activities are underway - a joyous time and one of the most important events in the Christian calendar.

Unwind at our Friday coffee (and tea!) morning, held the first Friday of the month at 10.30am at St Peter's, or if you're keen to delve further into the scriptures, Bible study sessions continue on alternate Wednesday at 11am and 7.45pm, contact Rev Tim to find out more.

If you can't get to our Sunday Eucharist at 10am, follow the service via You Tube online, and there's a St Peter's @4 session, usually the first Sunday of the month, offering craft, worship and fun for all ages.

On 12 November, from 10am onwards, there's Blue Jeans Saturday; this is an opportunity to get together and tidy up the churchyard (refreshments and bacon sandwiches provided). On 18 November, the Amity Singers return to St Peter's for a lunchtime concert, start time 1.10pm, and on 19 November, our film night showing is 'Heaven is for Real'. Starting at 7pm, there's a £5 entrance fee and refreshments are provided.

This year's Christmas Fair takes place on Saturday 3 December, so don't forget to sign up for stall donations (sheets at the back of church), buy raffle tickets or perhaps offer to help on the day. Zanita is always grateful for whatever help you can give.

As we head towards the end of the year it's time to mention renewals. The subscription price remains the same - £8 for the year - so please complete a standing order mandate (back of church) or give your money to Michael Evans.

If you can, please support our advertisers in Keynotes, they're ready to help with their services, and if anyone would like to join the editorial committee, you'll be more than welcome. We're keen to extend the reach of Keynotes and an extra volunteer, we're sure, can help us do this.

Editorial Committee



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WOMEN'S SOCIAL

We have only one meeting in September and this year Clare Gage invited us to the Rectory for coffee. Aply assisted by Sandy, all were treated to delicious refreshments and the opportunity to catch up with each other. Thank you Clare and Sandy.

Members celebrating birthdays in November are Iris on the 13th and Audrey on the 17th. Congratulations to you both.

Maggie Keeling

Great invention

The boys had been up in the attic together helping with some cleaning. They uncovered an old manual typewriter and asked their mother what it was. She briefly explained, but they were still puzzled as to how it worked.

So the mother rolled some paper into the typewriter and began striking the keys, leaving black letters of print on the page.

“WOW!” they exclaimed, “That’s really cool...but where do you plug it in?”

“There is no plug,” she answered.

“Then where do you put the batteries?” they persisted.

“It doesn’t need batteries either,” she continued.

“Wow! This is so cool!” they exclaimed. “Someone should have invented this a long time ago!”

Sponsored Bike Ride

On Sunday 25th September was our Annual Sponsored Bike Ride, and the weather was very kind to us, the sun shone, but it was getting chilly so layers were the order of the day. Erica & I arrived and several families were already waiting for us. In total 21 people of all ages attended from 1yr old to 80yrs. There were 12 Adults and 9 children, of which 15 Cycled and 6 were supporters.

The sweets were donated and have become an integral part of the event, encouraging riders to do more laps. We may have done more laps, but on such a lovely Sunday afternoon, the park was filled with other people:- dog walkers, football players, basketball players, rock climbers, and other cyclists, scooters, in-line skaters and skateboarders. Some people just walking with families and friends, the ice cream sellers, people playing tennis and the cafe was full. A good afternoon was had by all and so far we have raised nearly £200 for activities for our Sunday school children. I'm so pleased to be involved with such a joyful activity,

Zanita



Our charity for November is The Martlets



Martlets is a charity that cares for people living through a terminal illness in and around Brighton & Hove

The hospice plays a vital role in helping people to live life as fully as they can, right up until the end. Through expert clinical care provided by highly skilled and experienced doctors and nurses, they ensure that wherever possible peace, respect and dignity is retained – it is a very simple and very human ethos.

Martlets opened in 1997. The staff and services were formed from the merger of three separate charities: Coppercliff Hospice, Turner and MacMillan Day Hospice. Across the hospice services, more than 25,000 local people have been supported and cared for since 1997.

Most people receive care from us in their own homes. Outpatients also visit our hospice for pain relief, physiotherapy, counselling, welfare advice and social activities. Others choose to spend their final days here, or to join us as inpatients for respite care or symptom management. The Martlets Hospice cares for people affected by life limiting illness living in and around Brighton & Hove.

Please support them.

There is a donation pot at the back of Church or you can donate to our account online with charity as the reference.

Hot Seat interview Jan Butter

Welcome to In the Hot Seat. People who form part of St Peter's 'family' discuss their work within the Parish and reveal a little more about themselves. In the interview chair is Jan Butter.

Name: Jan Butter

Role: Curate

Length of time at St Peter's: One year and three months

Qualifications/training: Ordained Anglican deacon and priest; degree in Journalism, Film and Broadcast; post-graduate degrees in teaching and journalism; and am completing a degree in Theology and Ministry.

Best bits: Of curacy? Serving at St Peters, especially preaching, leading, and spending time with the St Peter's family.



Worst bits: Still having to research, write and submit 2500-word essays when I've got a full-time job and am serving evenings and weekends at St Peter's.

Perks: Being able to preside at Eucharist. Such a privilege!

Biggest challenge: Balancing work, ministry, family, studying and more...

Full-time/part-time job: Communications Director at World Vision International. I help the organisation communicate to grant donors and international partners how well we spend their money to help children have life in all its fullness. <http://wvi.org>

Previous roles: Worked in a variety of roles at World Vision including two overseas postings: in New York, USA and Sri Lanka (after the Boxing Day tsunami). Was Communications Director at the Anglican Communion Office <http://anglicancommunion.org>. Was a journalist for two local newspapers in Wales and Stratford-upon-Avon.

Other voluntary roles: Not at the moment.

Interests outside the church: Visiting with friends and family; reading sci fi, Victoriana, theology; movies.

Looking ahead five years: That's up to God. Jenny and I think perhaps full-time ministry. Waiting to see what the Lord asks of us.

Family and pets: Kids: Adam (15) and Hannah (14) and Kingsley our three-legged cat.

Favourite food: Jenny's lasagne, drink: any excellent wine, music: Rachmaninov's Piano Concerto no. 2 or Mozart's Requiem Mass in D minor, and film: Blade Runner.

Car: Kia C'eed.

Fantasy car: A Porsche 959 or failing that a Porsche 924

Irritation: People being unkind.

Greatest pleasure: Travelling with Jenny and the kids

Outlook: The more people who know Jesus, the more our world will be like the Kingdom of God!

Influences: Rowan Williams, Jules Verne, the Apostles.

Most admired: My wife, Jenny, for supporting me in my career(s) from day one; being an amazing mum, wife and daughter; writing and

running courses for church; AND setting up and running her own business while also working as a consultant.

Mentor: Archdeacon Paul Feheley: long-time right-hand man to Canada's Archbishop; humble parish priest; wise and thoughtful servant of God; and a good bloke to have a pint with.

You won't know this but: I once chased Prince Andrew in a golf cart.
FAB.



God bless

A little girl saying her prayers: “God bless Mummy, God bless Daddy, God bless my brother Tommy, God bless Granny – and God look after Yourself, ‘cos if anything happens to You, we’ve had it!”

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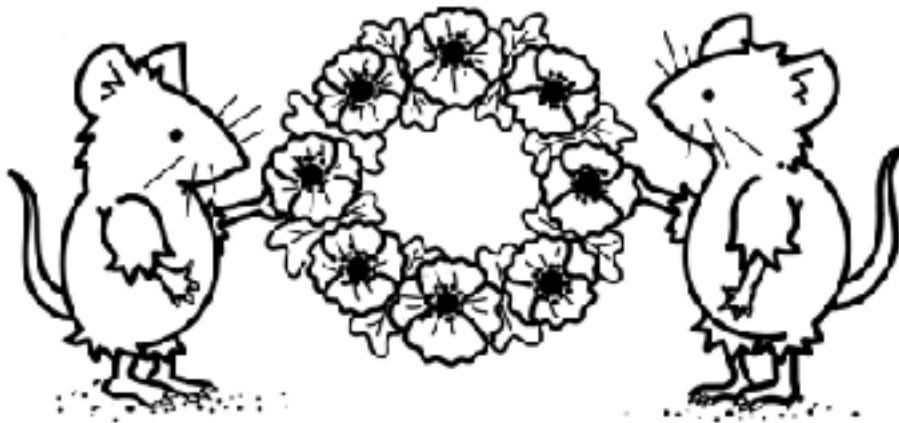
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Some quotes about St Peter's from some recent new comers:-

“My favourite thing is being able to light a candle before or during the service. Simple as it may seem, I have never been part of a church before where this was an option. I love being able to lift up people, and situations, that have been weighing me down, and knowing I can leave them in the hands of God. It is a grounding, and comforting, reminder that I am not alone, that there is a God who cares about what I care about, that He asks us to cast our burdens onto Him, and that He answers my prayers.”



“St Peter's church has a very welcoming and friendly community, very family oriented. Family Service at 4 has always been great for our family to attend as it is less formal and more interactive and made me feel more at ease when my son was little and unable to sit still. Now, my children really enjoy Sunday School, where they do a range of fun activities, connect with friends and learn about faith. Reverend Tim's sermons are always relevant and his Bible Study group is advancing my understanding of the most important scripture ever written.”

Prayer List Requests

Each Sunday we pray for people in any kind of need.

These may be the names of people on the prayer list which is printed in the Pew Sheet each week. The names are not read out individually during Sunday Intercessions, but are prayed for individually at the monthly Wednesday Prayer Service.

This is a lovely, peaceful, prayerful time in The Old Church. Please join us.

The date of the next Wednesday Prayer Together Service will be on the Pew Sheet.



St Peter's Pastoral Care Group

Our Pastoral Care Group exists to offer entirely confidential help and support on any pastoral matter.

Perhaps you would like a friendly visitor for a good chat now and then, help with transport, a name included in our prayer list at Church, some professional advice which we can help find, or an offer of Communion at home?

Please contact, in the first instance, Carol Gander on 01273 555414.



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The Hangleton and West Blatchington Food Bank continues to operate from St George's Church Hall every Wednesday morning. It is sponsored jointly by the churches of St George's and St Peter's and remains as busy as ever, providing food parcels for between 25 and 35 households every week. This means we are feeding some 100 plus people each week who would otherwise go hungry. As Winter draws near and the cost of living rises, we can only expect these numbers to increase.

As well as providing food and certain other household essentials like shampoo and toothpaste we have people who can provide money and energy saving advice, as well as a friendly chat. Our donations come from the people of Hove either as food or monetary donations. We spend money each week to buy fresh fruit and vegetables so that each client has access to a variety of foods.

To access the food bank, an applicant must be referred by someone such as a social worker, priest or a doctor. Everyone that comes has a pre-arranged appointment and their access is monitored by our co-ordinator. Clients are given a six-week period during which they will be given a weekly food parcel, tailored to meet the needs of their family, and for many people this is all they need to get back out of crisis. Those whose needs are ongoing are then encouraged to seek longer-term assistance from other providers, though it is not unusual for us to provide further assistance in certain cases. We are, however, primarily a short-term source of emergency relief.

We are planning to provide clients with an extra seasonal parcel in December to give them something special to help celebrate Christmas, to include a few luxury items and toys for any children in the household. The list of items will be posted on our Facebook page mid-October and we ask all items be in date and delivered to us by 23rd November 2:00 pm.

The generosity of the public aids the food bank in many ways. On the odd occasion when we receive more food than we need we redirect surplus supplies to other foodbanks so no donations are ever wasted. Cash donations are particularly welcome, however, as they give us flexibility and enable us to purchase the amounts of food required to meet demand. Cash donations can be sent to Hangleton and West Blatchington Foodbank at HSBC, 40-25-03, 51650521. We should particularly like to thank the many people who already donate regularly by standing order. Please remember that if you are an income tax payer you can increase the value of your cash donations by 25% by completing a gift-aid declaration, the form for which can be found on our website.

For further information and details of what we currently require please see our website <https://www.hangletonfoodbank.org> or our **Facebook page**.

Food donations are gratefully accepted at the food bank between 10:30 and 11:45 on a Wednesday morning. There is no longer any need to pre-arrange your drop off. Or it can simply be placed in the basket that can be found in the church.

Please note this email hangletonfoodbankdonations@gmail.com is no longer monitored. If you have an enquiry please visit our website at Hangletonfoodbank.org or contact our co-ordinator at info@hangletonfoodbank.org

We have a continuing need for volunteers, either to pick up donations on a Tuesday evening or to assist with operations on a Wednesday morning. There is a lot of lifting involved so people with strong arms will be especially welcome! Please see www.hangletonfoodbank.org for information on how to be involved or how to access our services.



search for Hangleton Food Bank.

Of all the things you wear, your expression is the most important. – Anon

Sussex Wildlife Trust is an independent charity caring for wildlife and habitats

Polecat by Michael Blencowe of the Sussex Wildlife Trust

For most of us, our only encounters with British mammals are spotting them on the roadside as we hurtle past at 55mph. I'm sure many people these days believe that lying motionless on a road verge with its feet in the air is natural behaviour for a Badger. Our road trips may be macabre safaris but roadkill can tell us a lot about the state of our island's mammalian fauna. Hedgehogs, a squashed staple on the roadkill menu a few decades ago, are now hard to find flattened on the highway, reflecting their dramatic fall in numbers in the wider countryside. And recently an unfamiliar corpse has appeared on the tarmac: the Polecat.

Before being killed by cars, Polecats already had a long history of persecution in England – mainly for eating poultry and notoriously stinking to high heaven. To Shakespeare, and many others since, 'Polecat' was an insult. The species was exterminated from Sussex around 1890. Indeed, the entire English population was banished to the wilderness of Wales. Yet we were happy to welcome their watered-down, domesticated form – the Ferret – as cuddly pets and ruthless Rabbit hunters.

After a century in exile, purebred Polecats are making a comeback. This re-colonisation was the basis for a recent investigation by the Vincent Wildlife Trust who requested roadkill Polecat corpses for DNA testing to verify their pure Polecat lineage (as opposed to Polecat/Ferret hybrids). I was soon dodging traffic on the Steyning by-pass and excitedly picking up a dead Polecat. Being mustelids, Polecats naturally smell but, take my word for it, they smell a lot worse when they've been dead for a few days. Despite discharging a whole can of Glade, my wife smelt that something was up seconds after I set foot in the house.

Putting a dead Polecat in your freezer will test even the strongest of marriages.

Thankfully, after some smooth talking, my marriage is still intact but there are still some fish fingers that neither of us are brave enough to

eat. Next morning a package arrived from the Vincent Wildlife Trust containing heavy duty bags, some cool BIOHAZARD stickers and printed instructions for posting Polecats.

After an interesting exchange at the post office counter, my roadkill casualty was posted. A few days later, it was declared 100% Polecat; further evidence that Polecats have returned to Sussex. It's great to have them back and many farmers are welcoming them too, as they do a great job of dispatching Rats and Rabbits. Look out for them in your headlights.



How well do you know your spouse?

At a seminar on Marriage, the minister was stressing how essential it is that couples discern what is important to their partner. He challenged the men: "Can you even name your wife's favourite flower?" Baffled silence followed, until one husband nudged his wife with a hopeful smile and hazarded: "It's MacDougall's Self-Raising, right?"

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People and Places of the Bible

In line with our Bible Study, I am continuing with people and places in the Letter to the Hebrews.

The Hebrews to whom the Letter is Addressed.

To understand the message of the letter, it is important to know more about the early Christian church. Initially the church away from Jerusalem grew out the congregations of the Synagogues. These congregations composed not only Jews, but Greek speaking converts and Greek speaking people interested in finding out more about the religion. Away from Israel the Synagogues would be using the Greek version of the Old Testament, the Septuagint, (LXX).

There was no New Testament for the Early Church, and the faith was taught by the Apostles and other designated converts. The only scriptures that they will have available will be the Old Testament, either in the Hebrew or Greek version depending on where they were living. We do not have a date for the letter, but in all probability, it was written before the destruction of the Temple in AD70. By this time the Church had suffered persecution from Saul, he was converted in AD35, and Nero in AD64 when Christians were made to worship Roman Gods.

The Letter to the Hebrews is not in the style of a letter but more of a treatise or sermon, crafted by an experienced, learned speaker. In the situation set out above, he is concerned that Christians are falling away from their belief in Jesus Christ as Saviour. The group to whom he is speaking is the wide group of Greek Speaking Christians whose faith has grown out of worship in the synagogue.

The Heavens

Starting in Genesis 1.1 “In the beginning God created the heavens” there are some 38 references to the heavens, many in the Psalms such as Psalm 19.1, “The heavens declare the glory of God” and then in Hebrews, 4.14, “Therefore, since we have a great high priest who has gone through the heavens”. With all these references and particularly to the one in Hebrews I thought it interesting to explore what ‘heavens’ signified to the Jewish people at that time.

The biblical authors pictured the earth as a flat disk floating in water, with the heavens above and the underworld below. The *raqiya* (firmament), a solid inverted bowl above the earth, coloured blue by the cosmic ocean, kept the waters above the earth from flooding the world. From about BC300 a newer Greek model largely replaced the idea of a three-tiered cosmos; the newer view saw the earth as a sphere at the centre of a set of seven concentric heavens, one for each visible planet plus the sun and moon, with the realm of God in an eighth and highest heaven, but although several Jewish works from this period have multiple heavens, as do some New Testament works, none has exactly the formal Greek system.

Seven Heavens

In the course of the 1st millennium CE Jewish scholars developed an elaborate system of Seven Heavens, named:

1. **Vilon** or **Araphel** The first heaven, governed by Archangel Gabriel, is the closest of heavenly realms to the Earth; it is also considered the abode of Adam and Eve.
2. **Raqia**: The second heaven is dually controlled by Zachariel and Raphael. It was in this heaven that Moses, during his visit to Paradise, encountered the angel Nuriel, with a retinue of 50 myriads of angels all fashioned out of water and fire". Also, Raqia is considered the realm where the fallen angels are imprisoned, and the planets fastened.
3. **Shehaqim**: The third heaven, under the leadership of Anahel, serves as the home of the Garden of Eden and the Tree of Life; it is also the realm where manna, the holy food of angels, is produced. The *Second Book of Enoch*, meanwhile, states that both Paradise and hell are accommodated in Shehaqim with hell being located simply "on the northern side".
4. **Maon**: The fourth heaven is ruled by the Archangel Michael, and according to Talmud Hagiga 12, it contains the heavenly Jerusalem, the Temple, and the Altar.
5. **Makon**: The fifth heaven is under the administration of Samael. It is also where the Ishim and the Song-Uttering Choirs reside.

6. **Zebul:** The sixth heaven falls under the jurisdiction of Sachiel.
7. **Araboth:** The seventh heaven, under the leadership of Cassiel, is the holiest of the seven heavens because it houses the Throne of God attended by the Seven Archangels and serves as the realm in which God dwells; underneath the throne itself lies the abode of all unborn human souls. It is also considered the home of the Seraphim, the Cherubim, and the Hayyoth.

Compiled from The Universal Bible Dictionary published by Lutterworth Press and Who's Who in The Bible published by The Reader's Digest and other sources by William Holden


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Small Donations Scheme

We have reintroduced the above scheme, or SDS, which ran very successfully up to several years ago. The idea is to give people the opportunity to make a donation towards the cost of items which are one-off purchases or materials which we use. These donations are not regular but are on an “as and when able” basis which may be of something which they are interested in.

The next edition of Keynotes will then contain a “thank you” notice for the gift which can be anonymous or include the sponsor’s name.

Mandy has produced a list of items which may appeal to the congregation and any discussion can be held in confidence with her. This list includes the following;

Coffee	£ 5.50
Envelopes	£ 2.21
Candle Oil	£ 4.80
Advert for the Children’s Worker	£ 118.80
Community Centre window clean	£ 40.00
Monthly website fee	£ 10.75
Altar Breads for communion	£ 10.94

Thank you for your sponsorship

Our grateful thanks go to the person, wishing to remain anonymous, who very kindly donated £10 towards the cost of refreshments in the Community Centre after Church. Also to another person who donated a large box of tea bags and a jar of coffee.

If you would like to make a donation to help with the funding of some of the items of expenditure in and around our Church then please contact Mandy Gander, our Treasurer.

REGULAR WEEKLY SERVICES

SUNDAY

10.00 am Parish Eucharist with Sunday School (except for the first Sunday of the month)

1st Sunday of the month at 4.00 pm - St Peter's @ 4 family service

10.00 am Online service via Youtube
or via your telephone by dialling 01273 071150



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*...love the new notice board, Vicar...
...just not quite so sure about the wording...*

Remember, remember it's Will Aid this November

Will Aid, www.willaid.org.uk, the UK's most enduring and successful charity Will-making scheme, runs again this month, throughout November. If you haven't yet written your Will, now is the time to think about it!

This is how the system works: Will Aid solicitors all over the UK agree to write basic Wills during November, without charging their usual fee. Instead, these solicitors raise as much money as possible for the Will Aid charities, by asking Will-makers for a donation, which reflects the time and expertise they have devoted to writing the Will. The suggested donation is £100 for a single Will, £180 for a pair of basic 'mirror Wills'.

Will Aid is effective. Not only does it raise substantial money for charity, but also motivates people to get on and make their Will – something that many people have been meaning to get around to for years.

The contact details of participating solicitors are at www.willaid.org.uk. The website also has a good deal of information on Wills and inheritance issues as well as a useful Will planner to help people prepare their Will.

FRIDAYS AT ST PETER'S St Peter's 'Open Church' drop-in

**The First Friday of each month
10.30am – 12noon**

For coffee, conversation and companionship.

**We are open between 10.30am and 12 noon for you to
'drop-in' for a coffee, piece of cake and a chat.
A very warm welcome awaits you, so please do 'drop-in'
we'd love to see you.**



THE FRUITS OF YOUR LABOUR

I am writing this at the beginning of October with leaves only just starting to fall and many have yet to show signs of turning. Climate change is having its impact, and this is something to consider about the longer-term implications.

Now is the time to start thinking about what you want to do with your fruit garden. If you are going to reorganise it, start early with the preparation. Clear out old plants and dig in compost.

With existing fruit cut out the old canes of blackberries, loganberries, and tie back the new canes training them against the fence or wall.

Black currant bushes need the oldest wood cut out to encourage new growth. Ideally, no wood should be older than four years.

With red currants, bushes aged two years and older should have the leading shoots cut back by half and laterals to two buds during the winter. Aim to have an open centre goblet shape.

For fan-trained plums, these need attention all through the year. In mid-summer, pinch out the tips of all side-shoots which are not needed as branches as soon as they have produced six or seven leaves. Prevent the shoots from growing towards or away from the fence by rubbing out all offending buds in spring before they develop. At the end of summer, after the crop of fruit has been gathered, shorten back half those shoots that were pinched back earlier in the season.

For standard plum trees they should be pruned now.

Get working on pruning your apple tree or trees as soon as all the apples have been harvested.

Grape vines need the growth cutting back immediately.

Clear all weeds from round all bushes and canes and feed with compost.

This will be the last item from me, so good luck with your fruit farming.

The Fruit Farmer



WHAT'S HAPPENING IN YOUR GARDEN?

- 1) Finish planting out your winter bulbs and bedding plants for a glorious spring display.
- 2) Prevent containers becoming waterlogged by raising them off the ground for the winter using bricks or "pot feet".
- 3) Protect Roses from wind rock by pruning them by one-third to half their height. This will stop them swaying in strong wind and prevent roots from coming loose in the soil.
- 4) Remove fallen leaves from around the base of any Rose bushes which suffered from blackspot or rust this summer to reduce the chance of re-infection next year.
- 5) Continue to lift Dahlia tubers, Gladiolus corms and Begonia tubers to store dry over the winter months. Remove dead foliage before storing.
- 6) Cut back the yellowing foliage of herbaceous perennial plants and lift and divide overcrowded clumps to maintain their vigour.
- 7) Lift and relocate plants if you need to when they are dormant.
- 8) Aerate your lawn before winter sets in.
- 9) Continue to clear fallen leaves off the lawn to keep it healthy using a light rake.
- 10) Set your lawn mower to a higher cut-height for the winter.
- 11) Edge your lawn for a neat and tidy appearance.
- 12) Remove spent compost from annual container displays as mulch on your garden beds.

Greenfingers



COME INTO MY KITCHEN.....

As you may know, I was (in a small way) involved with the recent Flower Festival at Lancing College Chapel. As a thank you, I was invited to a lunch by the organising committee.

One of the canapes was new to me and I thought I would share the recipe with you. It would be lovely served with drinks, perhaps at a Christmas gathering?

CHEESY SOUFFLE BITES

MAKES ABOUT 100

75g full fat cream cheese
150g butter
150g mature cheddar cheese
2 large egg whites
salt and freshly ground black pepper
5 x 2.5 slices from a white tin loaf, 2-5 days old, crusts removed

Line 2 or 3 baking trays with non-stick baking paper or grease lightly. Melt the cream cheese, butter and cheese in a pan over a low heat until completely melted. (the mixture looks very curdled at this stage – don't panic!)

Whisk the egg whites until stiff and carefully fold into the cheese mixture. Season lightly with salt and pepper.

Cut each slice of bread into 4 down, 5 across, to give 20 x 2.5 cubes from each slice.

Dip each cube into the soufflé mixture until completely covered, shaking off any excess, and transfer to the prepared tins. Try using 2 forks for this process.

Transfer to the freezer for an hour or so to freeze through.

Preheat the oven to 220C/200C fan/ gas mark 7.

Bake for 10 minutes in total, turning once after 6 minutes. Serve immediately, although they still taste great when cool.

You can freeze the bites for up to a month in a sealed freezer bag.

Best cooked from frozen so don't defrost prior to baking.

At our recent Bring & Share Harvest lunch, Suzanne produced these delicious treats!

CHEESE & BACON PUFFS

½ cup milk
2 cups grated cheese
3 bacon rashers, chopped
2 medium onions, finely chopped
1 cup self-raising flour
1tsp French mustard
310g tinned corn (optional)
½ cup spring onions, sliced
1 egg
salt and pepper to taste

Combine cheese, bacon, onions, spring onions, corn and flour in a large bowl.

Add the egg, milk and mustard and mix well.

Preheat oven to 200C/ 180C fan/ gas mark 6.

Drop rounded tablespoons of the mixture on oven trays lined with baking paper.

Leave space as they will spread slightly.

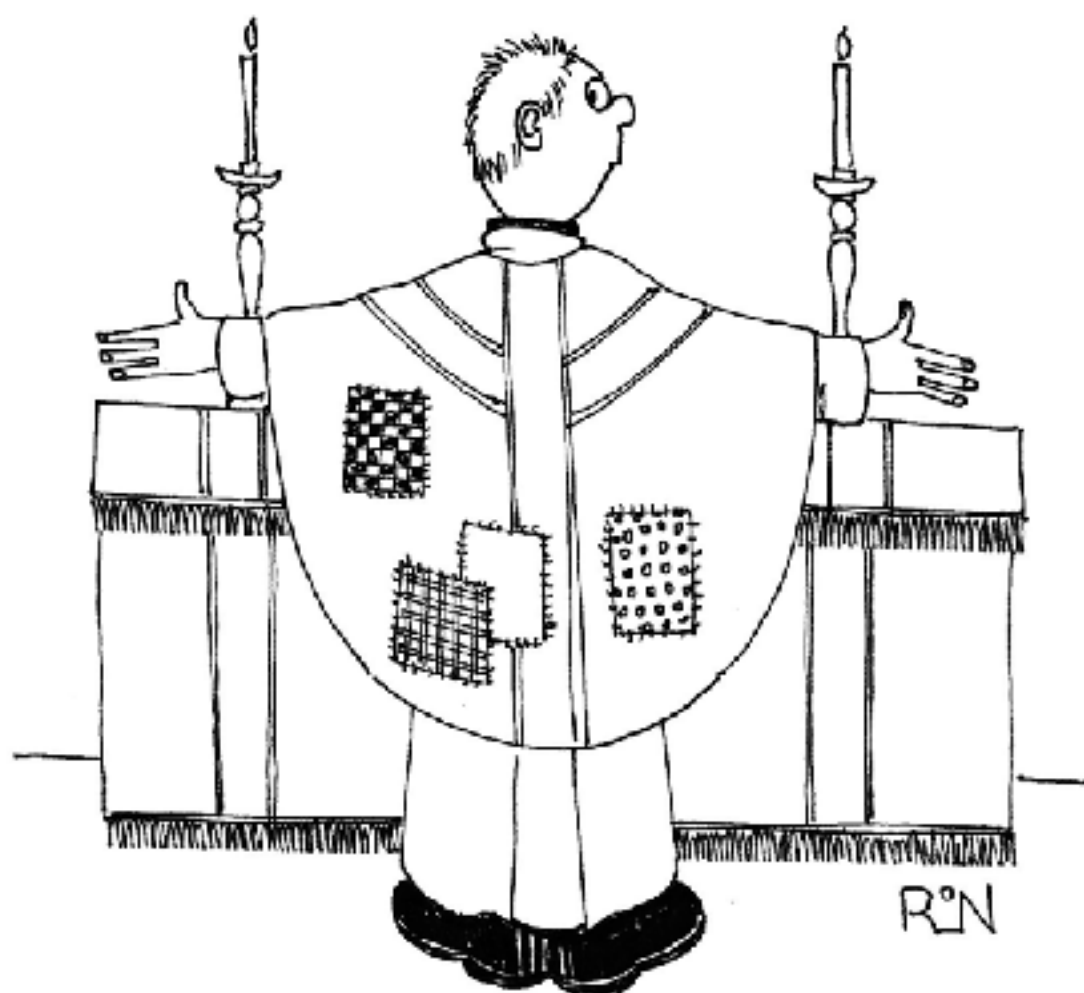
Bake for approximately 20 minutes.

Suzanne's tips – if you can, leave the mixture overnight so flavours develop; use a little more mustard and cheese before you put them in the oven, sprinkle a little more cheese over.

Serve with BBQ sauce.

I do hope you enjoy these recipes as much as I did! It is lovely to share recipes so do, please, if you have something you really enjoy, let me know so I can share it here.

Maggie



*Trevor hated asking for money, but he
sometimes made subtle hints*



*The Parish Church of St. Peter
West Blatchington*

FREE LUNCHTIME CONCERT SERIES

Our afternoon concert series continues with

Amity Singers

1.10 p.m. on Friday 18th November

The Recital is for approximately 40 minutes

Refreshments provided.

**There is no admission charge, but donations to fund
future concerts will be gratefully accepted.**

All welcome!

This Year's Recipients of the Order of St Richard announced.

Lay people from every corner of the Diocese of Chichester are the latest to be admitted to the Order of St Richard. The award is made in recognition of their exceptional Christian service in their deanery, parish and local community.

The Order of St Richard was founded in 2019.

At the service last month they received a certificate signed by the Bishop and a collarette/lanyard with the pin on it so they can wear it either with the pin or the pin on its own.

The Bishop of Chichester said today:

“We offer congratulations to those who are receiving this award and my own thanks for our partnership together in the apostolic life in this diocese. I look forward to meeting with them and their families and friends and what is always a super event in the calendar of the Diocese.”

Amongst all of the outstanding nominees are several who have served as churchwarden and others who have helped with fundraising, outreach, children's work and those who help behind the scenes to enable worship to take place.

Brighton & Lewes

Gill Evans – for her support of the musical life of the church and for her local community

Many congratulations Gill, very much deserved.

We look forward to a write up on the event in the next edition of Keynotes.

“May the God of hope fill you with all joy and peace in faith so that you overflow with hope by the power of the Holy Spirit.”

ROMANS 15:13

St Peter's Film Night
'Heaven is for Real'

Saturday 19th November at 7pm in
the Community Centre



Heaven is for Real recounts the true story of a small-town father who must find the courage and conviction to share his son's extraordinary, life-changing experience with the world. Starring Academy Award® nominee Greg Kinnear as Todd Burpo, the real-life father whose son Colton claims to have visited Heaven during a near death experience. Colton shares the details of his amazing journey with childlike innocence and speaks matter-of-factly about things that happened before his birth ... things he couldn't possibly know.

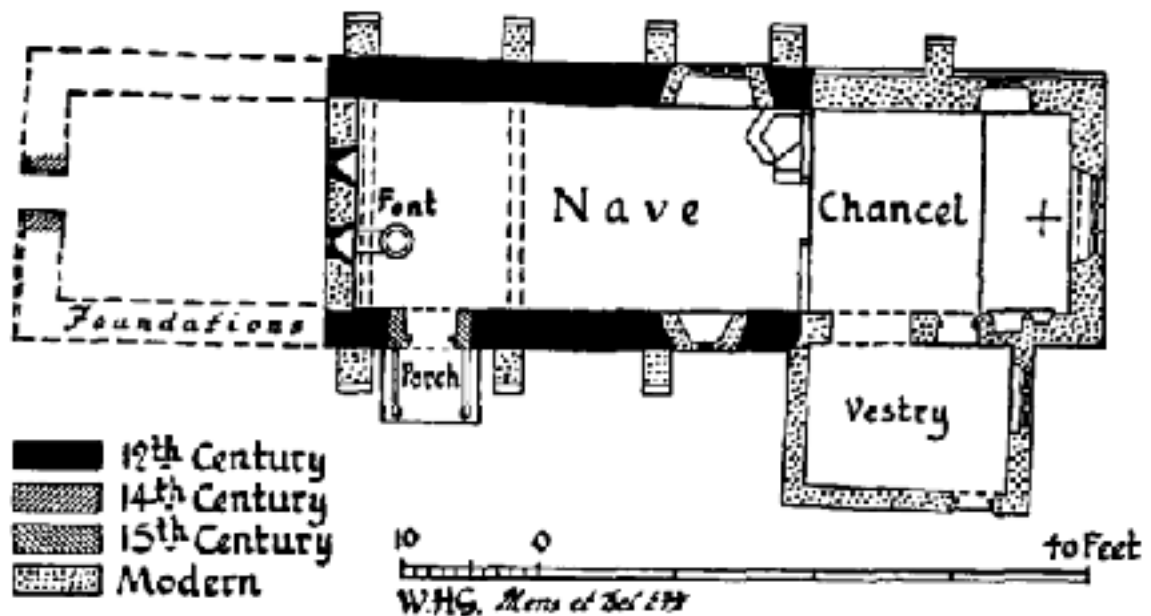
Cost is £5 per person which includes hot drinks
and biscuits

Pay on the door - Hope to see you!

Memories of Times Past

It was in the early 1940s when I joined the choir as one of the five or six choir boys.

The plan below was drawn soon after the old church was restored in 1888. The area marked chancel is where the choir stalls were with the entrance being the smaller gap. The area with the cross marked is the sanctuary with the line across the old altar rail. The larger gap was where the opening to the organ was situated with the organist sitting with their back to the opening and it was accessed from the vestry. This sets the scene.



In those early days, the organ was played by a very substantial lady, a Mrs Wittick; I am not sure of the spelling. My lasting memory of her is having to edge into the organ sideways.

More memories next month.

If you too have any memories that still come to mind do send in to Mandy Gander.

William Holden

“Everything should be done in love.”

1 CORINTHIANS 16:14

NOVEMBER – FESTIVALS AND SAINTS

All Saints – 1st November

Many churches, particularly Catholic and Anglican churches, in the United Kingdom annually mark All Saints' Day on November 1. This occasion honours all the saints in Christian history, particularly those who do not have their own special feast day.

According to some sources, the idea for All Saints' Day goes back to the fourth century when the Greek Christians kept a festival on the first Sunday after Pentecost (in late May or early June) in honour of all martyrs and saints. Other sources say that a commemoration of "All Martyrs" began to be celebrated as early as 270 AD but no specific month or date is recorded. Pope Gregory IV made All Saints' Day an authorized holiday in 837 AD. It is speculated that the chosen date for the event, November 1, may have been an attempt to supplant the pagan Festival of the Dead (also known as Samhain or the feast of Saman, lord of death).

All Souls – 2nd November

The exact origin of All Souls' Day is unknown, but it isn't more than about 1200 years old. The Orthodox Church traces the first All Souls' Day to 893, when Emperor Leo VI was denied his request to dedicate a church to the memory of his late wife, and dedicated it to all Christian souls instead.

Originally, All Souls' Day was held around Easter time. The Orthodox Church celebrates it several times throughout the year, including four times around Lent. Roman Catholics and liturgical Protestants celebrate All Souls' Day on November 2, unless it falls on a Sunday, in which case it's moved to November 3.

Remembrance Sunday – 13th November

It is now held on the second Sunday of November commemorating British service members who have died in wars and other military conflicts since the onset of World War I. By tradition, a two-minute period of silence is observed throughout the country at 11 AM, and church services and other ceremonial gatherings take place during the day, often around war memorials, with the ceremony at the Cenotaph in London being the main example.

The holiday has its origins in Armistice Day, which was dedicated in Great Britain on Nov. 11, 1919, in commemoration of the one-year

anniversary of the peace agreement that ended World War I. In response to a politician's suggestion, King George V requested that the country pause in silence for two minutes in acknowledgment of the war's fatalities. After the conclusion of World War II, the British government, seeking to honour participants in both World Wars, officially replaced Armistice Day with the new Sunday observance, which was thereafter known as Remembrance Sunday. In 1956 the date was fixed as the second Sunday of the month. In recent years Armistice Day has been revived as an additional occasion for silence, though Remembrance Sunday remains the main day of commemoration.

With the continued conflicts in many parts of the world, Afghanistan, Syria, Yemen, and now the Ukraine, it is important that we focus on the consequences of war and the need to work for peace.

Margaret of Scotland – 16th November

Margaret of Scotland was born c. 1045, probably Hungary—died November 16, 1093, Edinburgh; canonized 1250; feast day November 16, Scottish feast day June 16, queen consort of Malcolm III Canmore and patroness of Scotland.

Margaret was brought up at the Hungarian court, where her father, Edward (son of Edmund Ironside), was in exile. After the Battle of Hastings, Edward's widow, Princess Agatha of Hungary, and their children fled for safety to Scotland. Margaret's brother Edgar the Aetheling, defeated claimant to the English throne, joined them there. In spite of her leanings toward a religious life, Margaret married (c. 1070) Malcolm III Canmore, king of Scotland from 1057 or 1058 to 1093. They had eight children, six sons and two daughters, all of whom were raised in the Roman Catholic faith. She lived a pious and devout life and was known for her charity and compassion for the poor of Scotland. Through her influence over her husband and his court, she promoted, in conformity with the Gregorian reform, the interests of the church and of the English population conquered by the Scots in the previous century. She died shortly after her husband was slain near Alnwick, Northumberland. She was canonized by Pope Innocent IV in 1250.

Compiled by William Holden from various sources.

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Where?

A rather long-winded preacher was dealing with the Old Testament prophets, one by one. "And now," he propounded, "we reach Isaiah. Where shall I put Isaiah?" At that, a little man in the front row stood up. "He can have my seat. I am going home!"

We Remember

The Somme, Dunkirk and Passchendaele
Cause us to think of times of war,
When men and boys went bravely out
They fought, some died and returned no more.

They gave their all that we should live,
We never should forget such cost,
Remembering with thankful hearts
Our freedom gained as lives were lost.

Another Man gave up His life,
Another war, another fight,
With all mankind held fast in chains
As darkness fell as black as night.

The cost was high, a sinless life
To break the chains and set us free,
The Lamb of God on Calvary's cross
Paid that price for you, for me.

By Megan Carter



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MONEY MATTERS - Figures for September 2022

Receipts

Planned Giving	£	3036
Income tax recovered	£	637
Community Centre Income	£	1257
Collections/other giving	£	154
PCC Fees	£	242
Keynotes	£	60
TOTAL RECEIPTS	£	5386

Payments

Parish Contribution	£	6042
Salaries	£	717
Utilities and Insurance	£	213
Rectory	£	515
Community Centre running costs	£	592
Photocopier	£	516
Church running expenses	£	200
Upkeep of services	£	109
PCC reimbursement of expenses	£	31
Charity of the month	£	100
TOTAL PAYMENTS	£	9035

Year to date deficit £22,100



Date	Reading, Commemorations & Intentions Calendar for November, Year C
TUES 1st	<i>All Saint's Day For the departed especially those known to us</i>
WEDS 2nd	<i>St Peter's Standing Committee</i>
THURS 3rd	<i>Our understanding of our faith</i>
FRI 4th	<i>Our Bible reading</i>
SAT 5th	<i>Our Churchwardens</i>
SUN 6th	Third Sunday before Advent Job 19. 23-27a, 2 Thessalonians 2. 1-5, 13-end, Luke 20. 27-38
MON 7th	<i>St Peter's PCC</i>
TUES 8th	<i>Christians in the workplace</i>
WEDS 9th	<i>Chichester Diocesan Board of Finance</i>
THURS 10th	<i>Bishop Martin</i>
FRI 11th	<i>For all victims of war</i>
SAT 12th	<i>Bishop Will</i>
SUN 13th	Remembrance Sunday Malachi 4. 1-2a, 2 Thessalonians 3. 6-13, Luke 21. 5-19
MON 14th	St Peter's 4 Mores - More Open, More Generous, More Converted and More Engaged
TUES 15th	<i>Archdeacon Martin</i>

Date	Reading, Commemorations & Intentions Calendar for November (Year C)
WEDS 16 TH	<i>Our Civil Service</i>
THURS 17 TH	<i>Our Sunday School and its leaders.</i>
FRI 18 th	<i>Our King and Queen Consort</i>
SAT 19 TH	<i>Our friends at St George's</i>
SUN 20 TH	Christ the King Jeremiah 23. 1-6, Colossians 1. 11-20, Luke 23. 33-43
MON 21 ST	Our Bible study groups
TUES 22 ND	<i>All working at Diocesan House</i>
WEDS 23 RD	<i>All involved with church music</i>
THURS 24 TH	<i>Our sidespeople</i>
FRI 25 TH	<i>Our Organist and Choir</i>
SAT 26 TH	<i>Our serving team</i>
SUN 27 TH	1st Sunday of Advent Isaiah 2. 1-5, Romans 13. 11-end, Matthew 24. 36-44
MON 28 TH	Our readers and intercessors
TUES 29 TH	<i>Day of intercession and Thanksgiving for the Missionary work of the Church</i>
WEDS 30 TH	<i>All missionary societies</i>



CHRISTMAS SERVICES

**December - Wednesday 21st
Service of lessons and carols 6.30pm**

**Saturday 24th
'Christingle in the Crib' 4.00pm
Midnight Mass 11.15pm**

**Sunday 25th
Christmas day all-age Eucharist 10am**

**Sunday 1st January 2023
10am all-age Eucharist**

**Sunday 8th January 2023
Epiphany - 10am Parish Eucharist**



And finally.....

Loving Father,

Here we are in November, the month of short days and mist and remembering. And this year we have so much to remember. The year our Servant Queen left us and came to be with you, the King of Kings she had served so faithfully. Remembering celebration and sadness Lord, as we thank you for Queen Elizabeth, but looking forward too as we prepare for Advent.

As we work towards Christmas, yes, we remember your coming as a baby in Jesus, but even more reassuring in these difficult times we can hold on to your promise that You will come back again as our glorious King, when there will be no more death or mourning, crying or pain – when You will make all things new, when all shall be well!

Come Lord Jesus! Amen.

By Daphne Kitching





Please pay St Peters Church West Blatchington the sum of £8.00 (eight pounds) per annum on the 10th January 2023 and continue until further notice. Reference your Surname/Keynotes.

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